

HAPPENINGS

ISSUE NO. 414

OCTOBER 2024

SERVING PORT ST. JOHN & CANAVERAL GROVES

HAPPENINGS
BRIDGE
PUBLISHING, LLC

Submissions for publication need to be in before the 18th.

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2024 PSJ Christmas Parade

Planning has begun for the 35th Annual Port St. John Christmas Parade. The parade will take place on December 21, 2024, 11 a.m. in Port St. John. The parade route will be east along Fay Blvd. from Waterloo Ave. to Carole Ave. We are planning for 70-80 entries this year. Please send your entry in early. It's posted on www.happenings.net.

After all the school groups being forced to cancel last year, this year's parade theme - again - will be, "The Wonder of Christmas Morning." Floats and decorations should be planned toward the theme. All entries will be judged and plaques awarded. Categories include Theme, Christmas Spirit, Creativity, Marching Musical and Marching Non-Musical.

Floats should be no more than 17' high to clear power lines, and be 8' wide or less to travel to and from the staging area. Marching

groups should plan for a 20' wide roadway.

For everyone's safety, candy may not be thrown from the floats and vehicles.

There is a \$30 charge for any float or vehicle which advertises a business. The fee does not go up if there are multiple businesses on the same float. Nonprofit community support groups and public schools are \$15, unless they display banners and logos for a business on their float or vehicle(s).

Call us to find out how to get your name on the parade shirts! Your business name will be added to all the Parade t-shirts, staff and public, for a minimum donation of \$75.00.

If there are noise considerations for your entry, please let us know immediately. We will try to spread out the bands and musical participants.

Any questions, suggestions or needs should be directed to Randy Rodriguez, 321-863-7499 or happenings1@bellsouth.net, or Jeremy Higginbotham, 321-576-2818 or Jhigginbotham@orionconnectivity.com.

Great Pumpkin Rescue

Brevard County Parks & Recreation will host its Annual Great Pumpkin Rescue at:

McLarty Aquatic Center on Saturday, October 5, from 5:30 - 7:30 p.m.

Dr. Joe Lee Smith Aquatic Center on Saturday, October 19, from 10:00 a.m. - 12:00 p.m.



You are invited to dive in for some splash-tacular fun! Forget the traditional pumpkin patch; we will be rescuing pumpkins from a floating pumpkin patch! There will be pumpkin rescuing, swimming, a pumpkin decorating contest and treat bags. Participants will be given a number which corresponds to a floating pumpkin in the pool, where they will then search for their number to rescue their pumpkin. Once a pumpkin has been rescued, attendees will be directed to our decorating station. A pumpkin decorating contest will be held 30 minutes prior to event conclusion and prizes awarded for each age group.

Bring everyone for this great family event. Cost is \$6.00 for participants and \$2.00 for all other swimmers. Ages 4-15 years old are invited to participate. **Registration in advance is required.** To register, please call Debbie Bowling at 321-633-1874 or email to debbie.bowling@brevardfl.gov or online at registration.brevardfl.gov. No on-site registration will be available.

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Good Day!

Florida Parks

On August 22 there was a threat from Florida Department of Environmental Protections (FDEP) in which they announced proposals to change eight National Parks to add golf courses, pickleball courts and other amenities with no concern for endangered and threatened wildlife. Six meetings - all at the same time for only one single hour - were set, while giving all Floridians only one week's notice to prepare. The Governor, FDEP, Senators and Representatives were overwhelmed with the angry outcry of the people. So much so that National and State Senators, and Representatives from both sides of the aisle joined the fight against the idea.

They then said the meetings would be put off for two weeks as they had not scheduled any facilities that would accommodate the amount of people that said they would attend. An overwhelming number of united people, regardless of politics, kept up the fight against the Governor and elected officials until the Governor announced the idea was not approved by him and the idea would be put on hold (at least for this year).

Then, a few days later the FDEP officially withdrew the park proposals completely and the Governor was very submissive on the news saying if the people did not want it, it would not be done. But according to an article in The Palm Beach Post; "... DeSantis deflected the issue, briefly saying it was an attempt to build a "narrative" from the political left."

"A lot of that stuff was just half-baked and it was leaked to a left-wing group to try to create a narrative," said DeSantis from a press conference in Polk County, later referring to it as "obviously a phony narrative" that the state parks were about to become "a big parking lot."

James Gaddis, a cartographer for the Department of Environmental Protection, was fired because he leaked the plan to the media. The State said he released inaccurate material, but because of him, environmental groups were able to prevent this calamity. Gaddis set up a Go Fund Me page to get him by until his next job. He asked for \$10,000. As of September 15th, people had given \$255,728 to this environmental hero. We must not let proposals like this get through again without the public being aware. I'm sure this could

come up again, so we must be vigilant and closely monitor the state.

Apparently it isn't over. A few months earlier, Gov. DeSantis and other politicians were planning to trade land in the Withlacoochee State Forest (west Florida, north of Tampa) as a private land swap deal with a Canadian golf resort with no public input. The deal was initially approved in June for a transfer of 324 acres of state forest land to a Hernando County golf course company in an effort to separate from the Florida environmental agency's current state parks debacle.

The land swap, which still needs final approval, was separate from the controversial initiative embroiling Florida's environmental agency. The company, Cabot Citrus OpCo LLC, already owns a luxury golf resort directly adjacent to the Withlacoochee State Forest. This proposal was approved in June by the Florida Cabinet - Gov. Ron DeSantis, Agriculture Commissioner Wilton Simpson, Attorney General Ashley Moody and Chief Financial Officer Jimmy Patronis. The land swap still must be approved by a committee within Florida's environmental agency called the Acquisition and Restoration Council (known as ARC). I have no idea if this can be stopped, as Hernando County officials see it as a win for creating new business opportunities in that area.

Reference: <https://floridawildlifefederation.org/florida-state-parks-threatened-by-development/>

Brightline Cocoa Station

According to a September 11th Fox News article by Fox 35 Digital Staff, "Brightline Cocoa station proposal promises growth, new opportunities," the Space Coast Transportation Planning Organization (SCTPO) envisions the area will create more businesses, including a new hotel, along with creating more tourism and increased growth opportunities. Apparently they have been planning the Brevard Brightline Station for 12 years, which has ended up being on a 90 acre site near the junction of U.S. 1 and State Road 528, which will become the first station on the Space Coast.

Over the last year, the SCTPO has been judging potential service users, figuring out ways on how they will develop the land around the proposed site and how to make these plans a reality. SCTPO is planning to have three phases of development. Phase One would construct and open the Bright-

line station, along with parking, passenger and bus drop-off areas. Phase Two would aim to attract any hotels or businesses to that area. The article didn't mention what was planned for Phase Three.

SCTPO is currently on the implementation plan they wish to present to Cocoa next month. Unfortunately, Cocoa still needs funding to build the station and they still don't have a construction start date.

Reference: <https://www.fox35orlando.com/news/brightline-cocoa-station-proposal-promises-growth-new-opportunities>

SpaceX Starship at Boca Rico in Texas

The huge explosion that destroyed the Starship last year blew one of the biggest holes ever detected in the thin air in the Upper Atmosphere. It stretched for thousands of kilometers. Starship is the largest, most powerful rocket ever built and after testing it plans to build and launch from KSC/ Cape Canaveral. There are already protests from other contractors here in Brevard as the safety requirements would restrict any one else from working at any area within this wide perimeter around the Starship's launch site.

Reference: www.livescience.com/space/space-exploration/catastrophic-spacex-starship-explosion-tore-a-hole-in-the-atmosphere-last-year-in-1st-of-its-kind-event-russian-scientists-reveal

More on Starship

In an article on Space.com by Mike Wall titled, "SpaceX's Starship won't be licensed to fly again until late November, FAA says," SpaceX's Starship flight number 5 test mission probably won't happen for at least 2.5 months according to the U.S. Federal Aviation Administration (FAA). "SpaceX must meet all safety, environmental and other licensing requirements prior to FAA launch authorization," agency officials said in an emailed statement to Space.com on September 11. "A final license determination for Starship Flight 5 is not expected before late November 2024."

"SpaceX's current license authorizing the Starship Flight 4 launch also allows for multiple flights of the same vehicle configuration and mission profile. SpaceX chose to modify both for its proposed Starship Flight 5 launch, which triggered a more in-depth review," agency officials wrote. "In addition, SpaceX submitted new information in mid-August detailing how the environmental impact of Flight 5 will cover a larger area than

previously reviewed," they added. "This requires the FAA to consult with other agencies."

SpaceX made a lengthy complaint to the FAA decision and among other things stated, "It's understandable that such a unique operation would require additional time to analyze from a licensing perspective," the firm said. "Unfortunately, instead of focusing resources on critical safety analysis and collaborating on rational safeguards to protect both the public and the environment, the licensing process has been repeatedly derailed by issues ranging from the frivolous to the patently absurd."

The FAA stated there had been complaints concerning environmental impacts to the area around the Texas launch site.

Reference: www.fox35orlando.com/news/brightline-cocoa-station-proposal-promises-growth-new-opportunities

08/27/24 Titusville City Council Meeting

On August 27th, Dr. Todd Osborne and Captain Blair Higgins spoke at the Titusville City Council meeting on salinity in the Northern Lagoon. It was an excellent presentation pointing out that without an adequate salinity level, clams, lagoon creatures, nor seagrass cannot survive. 75% of dolphins in the northern lagoon are malnourished due to the low quantity of their various food source. The speakers pointed out that the stormwater with its various contaminants that goes into the northern lagoon will remain there for 1.5 years. The resulting low brackish (slightly salty) water is moved more by the wind than by the tide and does not flow like a river would flow.

In the past, Titusville City Council had put Low Impact Development (LID) in their building requirements, but had not made it mandatory. LID is important, as it keeps the stormwater on the property instead of allowing runoff into the lagoon. I spoke as a board member and the Co-Chair of Natural Resource Committee for the League of Women of the Space Coast, as well as a member of the Turtle Coast Group Executive Committee, that our groups both supported the presenters work and hoped the council would take and implement their recommendations.

Reference: <https://www.youtube.com/watch?v=sIJg8t8tk08>

Amazon Jobs Available

Just a reminder, if anyone is looking for a job,

Amazon is hiring hundreds to man their fulfillment center just south of Port St. John/Canaveral Groves at 3655 Grissom Parkway, Cocoa. They plan to open the 202,044 square foot delivery station before the holidays. Minimum salary starts at \$17 an hour.

According to the Florida Today article; "Interested applicants can apply online at amazon.com/flexiblejobs, with new job postings typically released on Friday evenings after 7 p.m. Eastern time. Job seekers can also sign up for alerts by texting "HIREME" to 31432 to be notified of new openings."

Election Candidate Forum

All of us need to know the people who are running for office and their stance on issues important to us. Here's a chance to learn more:

League of Women Voters of the Space Coast Presents A Candidate Forum

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CANDIDATES for Titusville Mayor &
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Saturday October 5, 2024

1 p.m. - 4 p.m.

Titusville Public Library

2121 S. Hopkins Ave, Titusville

Cheerio,

~ Maureen Rupe

rupe32927@gmail.com

Sleep Hygiene for Sweet Dreams

Do you ever find yourself tossing and turning at night? You hit the pillow at a reasonable hour, but instead of sweet dreams, you're awake until the early morning hours. It could be that your sleep hygiene isn't up to snuff. Sleep hygiene refers to environmental factors and health habits impacting your sleep quality. Just like you wouldn't sport bad personal hygiene, your sleep routine deserves some TLC, too! Sleep is essential for human survival. Sleep quality is necessary for improved productivity, immunity, mood and memory. Sleep quality means getting at least 7-9 hours of uninterrupted sleep per night. While genetics may play a part here, your ancestors aren't the only ones to blame, as many controllable factors could be preventing you from getting a good night's rest.

The use of electronic devices before bedtime can certainly disrupt your beauty sleep. Experts

suggest screens should not be used at least one hour before bedtime. But guess what? For most, that's prime time for scrolling and tapping! Our smartphones, tablets and computers contain blue light, which is similar to morning sunlight. This suppresses the production of melatonin, the sleepy hormone. Plus, when we're deep in social media rabbit holes, gaming or catching up on work emails, those devices are expert distractions, keeping us wide awake when we should be dreaming.

Lack of regular physical activity throughout the day is yet another factor to blame. It may not be surprising to hear that those who engage in regular moderate to intense physical activity get to snoozing sooner than those who do not. If you've ever experienced racing thoughts when winding down for bed, physical activity can reduce anxiety for up to five hours post-workout. Keep in mind, it's not best to work out immediately before bedtime. A late-night workout can increase your wakefulness leading to delayed sleep. So, save that sweat session for earlier in the day!

Loading up on caffeine, eating late meals and overdoing refined carbohydrates could be sabotaging your sleep. That liquid energy we rely on for top-notch performance can be effective for up to 10 hours after consumption. You might want to skip the mid-day pick-me-up if you're experiencing restless nights. Carbohydrate-rich meals eaten in the evening reduce melatonin secretion, delaying onset of sleep. Poultry, dairy, beans, nuts and seeds are good sources of tryptophan, the magical ingredient that kick-starts melatonin. Next time you're fixing your plate, consider adding a tryptophan-containing protein, eat hours before hitting the hay and choose non-refined carbohydrates with dietary fiber.

Getting a good night's sleep is nothing to shrug off. Sleep quality can be improved with just a few modifications to your daily routine. Ditch the screens before bedtime, move more throughout the day and adjust your diet for a better night's rest. Before long, you'll be getting the 7-9 hours of uninterrupted sleep you've been dreaming of.

Amanda Mahaleris, MS, RDN, LDN

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On the Road With Rose



Parks in our backyard

In speaking with friends and family, I've learned I am not alone in feeling that sometimes my anxiety level is threatening to boil over. These days of divisiveness seem to have made us forget we all live together in the greatest country on planet earth. Wars, hateful words and deeds, fires and floods have the effect of making us feel insignificant and hopeless only if we give in to these feelings. There's an old adage: "When you feel the end of your rope, tie a knot and hang on with all your might." I will be doing so with Heavenly help and invite everyone to join me.

According to the calendar on the wall, summer is over and fall is upon us...according to the calendar on the palm tree, it's just late summer. No matter what it's called, the days are shorter and Pumpkin Spice has invaded all corners of our universe. But...the thermometer is taking a downward slide more and more, and we can enjoy the great outdoors more comfortably.

We are blessed that our little piece of paradise has many places almost within walking distance to have hours of family fun. The Port Saint John boat ramp is one of the best in the county and close enough to channels and islands to have great fishing or wildlife watching. I have launched my kayak several times and enjoyed the river creatures who seem curious and will sometimes swirl around. Unfortunately, the last time I also saw a large alligator. It might be best to keep children and pets in the boat, but paddling around is still enjoyable.

Fay Lake Wilderness Park at the west end of Fay Blvd. has two newly renovated playgrounds, pavilions with BBQs and shaded walkways and paths. There's plenty of open area for kite flying, Movies in the Park and Fall Festivals. I've heard the fishing is pretty good in the lake and plenty of

turtles to view, but please do not feed them bread. It's not good for them. The dog park is huge, totally fenced and very well maintained. Small and large dogs are separated. I walk the large park several times a week and always spot one or more of the small brown bunnies, raccoons, armadillos, ducks, turtles and alligators. I even spotted a fawn and had a deer cross in front of me once. I have seen several private memorial trees planted. Please be respectful.

Fay Park has a couple of small pavilions, and plenty of room and bushes for a great game of Hide and Seek behind the Sheriff substation. The playground is one of the best I've ever seen and even has a riding horse and frog. The basketball court can accommodate two games, and a hand ball court and tennis court. It's a short walk across the field to the baseball field.

Nicol Park on US1 has large, newly renovated concrete walkways that lead to the playground, to pavilions with BBQs and several benches that offer some of the best views of the river to be found anywhere. There's a very large open field perfect for kite flying, giggling games of tag and just rolling in the lush grass. There's a memorial for Deputy Nicol and a tree memorial where you can stop and offer a word if you like.

Just a little north on U.S.1 past Manatee Hammock is Statham Park. A tad hard to spot behind the building, the beautiful little park boasts a large pavilion with BBQ grill, a large, newly renovated playground with separate swings and a long boardwalk over the little marshy area leading to the rivers edge and beyond. Complete with resting areas including benches, it stretches north and south for a nice close-up view of river creatures. The last time I was there I had a kinda' long staring contest with a small manatee. I wonder if he/she rushed back to his/her family gushing about being so close to a human as this human gushed to her family about being within petting distance of a baby manatee? No, I did not pet...but not for lack of wanting to. He/she was adorable!

As always, please take only pictures, use sun screen and bug repellent, leave only footprints and be kind.

I'm curious...

Why is lemon juice made with artificial flavor, and dish washing liquid made with real lemons?

Fay Lake FestiFALL & Chili Cook-Off



Come to Fay Lake Wilderness Park on Sunday, November 3rd. Bring the family! Enjoy cooler weather and the start of the holiday season at Fay Lake with Food Trucks including Amazing Italian Ice & More, Country Kettlers Korn, Fruity Licks, Just Cupcakin' Around, Kona Ice Of North Space Coast, Notorious Pig, Pop's Chicago Style Eats, Reel Cajun Cookin', Rineboi Churrasco Grill, SLOBONACOB, Taste Budz by Chef Moe and The Shermanator Fried Kitchen. Also at the event will be Craft & Business Vendors to get a start on your holiday shopping for unique gifts, and for the kids there will be Bounce Houses, Hayride, Photo-Op, entertainment and of course, our annual Chili Cook-Off where you can sample many different favorites. And a few surprises!

Visit our website for all the details and to register as a Craft or Business Vendor or to compete in the CHILI COOK-OFF: <https://portstjohncommunityfoundation.com/events.html>.

To kick off the PSJCF Fay Lake FestiFALL, we will be partnering with the Space Coast Thanksgiving Basket Brigade with a Food Drive. We are asking local businesses to place a basket (supplied by the Space Coast Basket Brigade) in their business to collect the items needed for this year's Space Coast Basket Brigade to make it as successful as in years past. Many families in need depend on these non-perishable food items so they will be able to have a traditional Thanksgiving meal. Hundreds of families in Port St. John receive these baskets. Please contact us if you would like to help those in our community and throughout Brevard have a HAPPY THANKSGIVING.

Email us at: Admin@PortStJohnCommunity-Foundation.com If you would like to join us as a volunteer and work with us on this event, visit www.facebook.com/groups/psjcfvolunteers



Food Drive Car Show

First Baptist Church of Port St. John is hosting a Food Drive Car Show on Saturday, October 12th from 5 – 8 p.m. The Dixie Cruisers will be at the church. This event is free. There will be free parking, music and Food Trucks!

Please bring a canned or boxed food donation. All canned food donations benefit our local community through the First Baptist Church of Port St. John Food Pantry.

If you need further information or have any questions, please call the church office at 321-636-5455 weekdays from 9 a.m. - 1 p.m.

First Baptist Church of Port St. John is located at 3900 Fay Blvd., Port St. John. Our website is: www.firtbaptistspsj.org.



Community Harvest Festival

Our Annual Community Harvest Festival is coming! The Harvest Festival at First Baptist Church of Port St. John will be on Thursday, October 31st from 5:30 - 7:30 p.m. There will be food, free candy, free games, Bounce Houses, Cake Walk, music and as usual, Trunk or Treat. Please join in the fun!

Please call the church office weekdays from 9 a.m. - 1 p.m. with questions. First Baptist Church of Port St. John is located at 3900 Fay Blvd., PSJ. Our website is: www.firstbaptistspsj.org.



St. Patrick's Anglican Church
4797 Curtis Blvd., Port St. John
321-802-1311

Classical Christianity Engaging the World

October is now upon us and a certain routine starts to settle in for our families and neighbors near and far. We are now used to the children and teens going to school and extracurricular activities, and most of us have completed our summer vacation and are now dreaming and planning for our next vacation. I know I am.

One thing that stays constant, whether you're a child, parent, grandparent, working married or single, or retired is the stress of making it through each day safely, healthy and peacefully. We seem to be constantly bombarded right now with political advertising and just the daily stress of making every penny count. In a country right now of 333.3 million people, we have never felt so alone, but the truth is, we don't have to be alone. Please check out our calendar at St. Patrick's Anglican Church and please feel free to give our church a call. We have lots of opportunities for you to meet and be a part of a loving community.

Mark your calendars for our annual Blessing of the Animals, which is Saturday, October 5th at 4:00 p.m. We will be also holding a fund-raising spaghetti dinner for Change Destiny, which does missionary work in Kenya. Change Destiny's goal is to get orphaned boys and girls off the streets in Kenya and into a Christian-based residential school. The dinner will be held on Saturday, October 5th at 6:00 p.m., and the founder of Change Destiny will be speaking about his ministry to these children. Call the church office for more information.

Adult Bible Study – What it means to be an Anglican. Sundays in the parish hall from 9:00 - 9:40 a.m. Coffee and tea are provided.

Student Sunday School – Sunday's during the 10:00 a.m. service for students in 1st-8th grade.

Please check out our Ladies Fellowship and Craft Group on the third Monday in October - 21st at 6:00 p.m. Bring a craft to work on and join us for a great fellowship and a light snack.

Veterans' and First Responder Breakfast will be Saturday, October 27th in the Parish Hall at 9:00 a.m. This is open to all veterans, spouses of veterans, police, fire and emergency services

individuals.

Space Coast AA meetings at St. Patrick's Anglican Church (in Parish Hall): Coed meetings on Sundays at 5:00 p.m.; Women Only Meetings – on Mondays, Thursdays, and Fridays at 10:00 a.m. and Tuesdays at 6:30 p.m. More information at <https://www.aaspacecoast.info>.

Regular Service Schedule is: Holy Communion Service – Sunday 8:00 a.m. (no music), 10:00 a.m. (In Person and Facebook Live - <https://www.facebook.com/StPatspsj>) and Wednesday 6:00 p.m. (In Person and Facebook Live - <https://www.facebook.com/StPatspsj>).

Morning and Evening Prayer Services are – Monday through Friday, 9:00 a.m. (available through Facebook Live only) at <https://www.facebook.com/StPatspsj> and Friday, 6:00 p.m. (available through Facebook Live only) <https://www.facebook.com/StPatspsj>).

Are you interested in finding out more about the Anglican Church and St. Patrick's Anglican Church? If so, feel free to contact us at: St. Patrick's Anglican Church, 4797 Curtis Blvd., Port St. John, 321-802-1311 or stpatrickspsj@gmail.com.

Updated event information and services are available on our website at stpatrickspsj.org.

Fall-tac-ular Paws Fundraiser

During the Historic Cocoa Village Fall Art & Craft Festival, on Saturday, October 19th and Sunday, October 20th from 10 a.m. to 4 p.m., visit Tails at the Barkery for a Fall-tac-ular Paws fundraiser. For a \$10 donation, have your special furry companion “create” their very own one-of-a-kind designer piece of art.

All proceeds to benefit Mid Florida Sheltie Rescue, a nonprofit organization whose mission is to help with the rehabilitation, fostering, and placement of homeless Shetland Sheepdogs. Many of the Shelties are recovering from being neglected, abused or abandoned by people they loved. MFSR's primary concern is placing each Sheltie into a loving, FUREVER home.

All pets must be on a leash, or in appropriate carriers, and have current vaccinations and county tags for the safety of our animals and friends.

For additional information, call Tails at the Barkery at 321-305-4584 or visit Mid Florida Sheltie Rescue at www.midflsheltierescue.com.

Rose's Room

~ Rose Padrick



My Turn To Enjoy The Next Family Gathering

Whether you call it 'All Hallows Eve,' 'All Saints Eve,' 'All Souls Eve' or 'Oh Crap, Here Comes The Holidays,' it's coming.

Little ghosts, goblins and Mr. Spocks who have been warned all year not to talk to or take candy from strangers will be encouraged to knock on strangers doors and ask for candy. After filling large bags with said candy, they will get cleaned up and sent to bed so parents can inspect the candy (I'm not going to mention the percentage who will keep the good stuff.)

While my lips form a smile remembering how adorable my own little ones were on those long-ago evenings, they take a whole 'nuther direction as subsequent holiday memories crowd my gray matter.

When my last offspring graduated from high school and joined his siblings by becoming a decent, respectable member of society, I thought my days of apologizing for them were over.

I should have known better.

At a recent family get together, the subject turned to previously secret tales of Halloweens past and I was once again amazed at my darlings' ability to pull off the most outrageous stunts without my knowledge. My mouth went agape when my first born poked her sister and giggled, "Remember the man who always cracked the door just enough to shove that bowl of candy through, and it was always old leftover Christmas candy, and after you slipped the frog in that bowl he never opened his door on Halloween again?"

Daughter number 2 (widening her eyes in a "Shut up, Mom is listening" manner) answered, "I may or may not have been responsible for a TOAD inadvertently landing in a certain bowl, but you can't deny kidnapping all the potted plants from

Mrs. Smiths yard and placing them in exactly the same position in Mr. Jones yard! Do you realize how hard it was to keep Mom occupied long enough for you to finish?"

Heir number 3 chimed in with, "You think that was hard, I'm the one who had to convince her you two were mature enough to take the little kids out by yourself the year Mom was so sick she almost cancelled Trick or Treating!"

Not even noticing my incredulous stare, she continued, "It was a good idea to dress them up in overlapping costumes so we could shed one, then come back and hit the same houses twice, but you should have asked Roy if he LIKED wearing that nightgown so we could have avoided him screaming so loud when we tried to take it off that a police officer stopped to see if we were OK."

While my darlings lost themselves in convulsive laughter, I looked to Roy for denial. There wasn't any, "Being the baby and the only boy with 4 sisters, wearing a nightgown was a form of self-defense."

I have a feeling I will be adding a therapist to my list of people I will be apologizing to, I'm just not sure if it will be his or mine.

More recently I joined two of my beloved offspring in their forages into the spirit world... and quickly remembered why I don't join these particular ones more often. I'm almost used to them daring and taking the dare to eat or drink or touch 'Lord knows what,' but wandering around in supposedly spirit infested buildings with them was a whole new experience.

Despite their guffawing and accidentally brushing me into shadows and corners, the proprietor of the hotel was so kind as to take us on a private tour. We were lucky enough to visit an attic not seen by outsiders for many years, a broom closet that won't allow brooms to stay inside, (the door opens and they fall down), and the room where a man supposedly hung himself a hundred years ago. It has been determined the poor gentleman must have been schizophrenic, but at that time he was said to be possessed by the devil. One day he was kind and quiet and the next screaming and attacking anyone who drew near. He was found hanging in a tiny alcove between the small bathroom and bed area of the room he occupied for years. It's said some days anyone can enter his room in peace and other days he screams and throws things. My kids think we picked a bad

day... As we neared the alcove, the bathroom door slammed shut with a bang. Turning to leave, I could only convulse in laughter at the sight of both my brave dare-takers whirl around in the toes of one foot in unison and head for the only exit save a small window in the bathroom.

What was even more hilariously amazing than my neither small nor petite size son clearing a full sized bed in one massive leap was his then 99 pound sister body slamming him into the wall to make it out the door first.

I'm pretty sure my babies believed the angry look on my face as I blasted them for leaving their mother in a room with a schizophrenic ghost, but the inside of my face was cracking up at the thought that two full grown college grads who grew up with almost daily Florida thunderstorms didn't remember when you open a door in one room, the door in the next room will slam shut.

The next big family gathering is going to be much more fun for one of us!

District 1 County Commissioner Seeks Applicants for Advisory Board Positions

District 1 Commissioner Rita Pritchett is seeking applicants to fill available seats on the following Advisory Boards:

- Audit Committee
- Investment Committee
- Citizen Budget Review Committee
- Economic Development Commission of Florida's Space Coast, Inc.
- North Brevard Commission on Parks and Recreation
- Port St. John Dependent Special District Board
- Fire Safety Professional to serve on the Contractor Licensing Board
- Roofing Contractor to serve on the Contractor Licensing Board
- Contractor Licensing Board (Alternate)
- Transportation Planning Organization Citizens Advisory Committee

Information about each board may be found at the following link: <https://brevardfl.granicus.com/boards/w/cbe4088b3c65a780/boards>.

Applications are available on the Brevard County website, <https://www.brevardfl.gov>, and by clicking on Advisory Boards listed under Frequent Searches.

PARRISH HEALTHCARE COMMUNITY SUPPORT GROUPS SCHEDULE

Amputee Support Group of Titusville

Meets the second Tuesday monthly, 3-4:30 PM
Parrish Healthcare Center, Manatee Conference Room 5005
Port St. John Pkwy., Port St. John
Contact Matthew Julian at 239-850-4117

A.W.A.K.E. Sleep Support Group

Meets the second Monday monthly, 6-7:30 PM
Parrish Healthcare Center, Manatee Conference Room
5005 Port St. John Pkwy., Port St. John
Contact the Sleep Center team at 321-268-6408

Cancer and Survivor Support Group

Meets the third Wednesday monthly, 4-5:30 PM
Heritage Hall, Parrish Health Village
931 N. Washington Ave., Titusville
Contact Shannon Luker at 321-268-3544

Caring for Caregivers Support Group

Second and fourth Thursday monthly, 9:30-11:30 AM
Heritage Hall, Parrish Health Village
931 N. Washington Ave., Titusville
Contact Janet Rooks at 321-268-6800

Diabetes Support Group

Meets the second Monday monthly, 3-4:30 PM
Heritage Hall, Parrish Health Village
931 N. Washington Ave., Titusville
Contact Peggy McLaughlin at 321-268-6699

Early Steps Community Play Date

Meets the fourth Wednesday monthly, 9-10:30 AM
The Children's Center, 5650 S. Washington Ave., Titusville
Contact Mary Cancel at 321-292-1370

Fearless Café

Presented by St. Francis Reflections Life Stages Care and Parrish Medical Center.
Meets the first Wednesday monthly, 10-11 AM
Heritage Hall, Parrish Health Village
931 N. Washington Ave., Titusville
Contact Janet Rooks at 321-268-6800

Kidney Smart Class

Meets last Thursday monthly, 1-2:30 PM
Heritage Hall, 931 N. Washington Ave., Titusville
Contact Jackie Torres at 321-383-1245

Mom's Support Group

Meets Mondays, 10-11 AM
The Children's Center, 5650 S. Washington Ave., Titusville
Contact Melinda at Melinda.Hodges@parrishmed.com

Stroke and Heart Failure Survivors Support Group

Meets the third Tuesday monthly, 2-4 PM
Heritage Hall, Parrish Health Village
931 N. Washington Ave., Titusville
Contact Janet Rooks at 321-268-6800

Tools to Quit - Quit Smoking

Meets the last Tuesday monthly, 5:30-7:30 PM
Parrish Medical Center, Conference Room 6
951 N. Washington Ave., Titusville
*Facilitated by Jennifer Wolowitz, Tobacco Free Florida
407-889-2292 ext. 102*



Visit parrishhealthcare.com/events
for information and to register.

COMMUNITY CALENDAR

Alcoholics Anonymous meets on **Sundays** at 5 p.m. **Women's AA** meets on Mondays, Thursdays and Fridays, 10 a.m. **Both AA Groups meet at St. Patrick's Church, 4797 Curtis Blvd.**

10-1 Compassionate Friends Support Group meets the first Tuesday of every month at 6 p.m. in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

10- 2-5 Rosh Hashana

10-2 Sons of Amvets 2415 Meeting- 1st Wednesday of the month, 6 p.m. 688 West Ave., PSJ. Commander Chuck Harrington, 321-208-7897.

10-2 American Legion Auxiliary, Unit 359, General Membership Meeting on the 1st Wednesday of each month, 6 p.m. at the Post Home, 7260 S. US 1, just north of PSJ. Call President Valerie Helmer at 321-268-1632.

10-5 Bike Days at the Tiki, 1:00 - 5:00 PM

First Saturday of each month. 7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), 321-268-1632. Contact Wayne Fowler, Events Coordinator, American Legion Riders Post 359 at 321-307-1450 or visit their website, alr359.org.

10-10 North Brevard Parks and Recreation meets at 4 p.m. at 518 South Palm Ave., Titusville. For questions, call Jeff Davis at the North Area Parks Office, 321-264-5105.

10-10 Amvets Ladies Auxiliary 2415 General Membership Meeting on the 2nd Thursday of each month at 6 p.m. President Theresa N. Anderson. 321-208-7897.

10-11 Yom Kippur Starts

10-11 Brevard Women's Connection meets at Space Coast Convention Center on Hwy. 520 from 11 a.m. until 1 p.m., 2nd Friday of each month. Call Pam at 321-752-6896 or e-mail bwc0020@gmail.com.

10-13 Multiple Sclerosis Self-Help Group meets on the 2nd Sunday each month (except Mother's Day & November), 2 p.m., Cocoa Library.

10-13 Word Weavers Space Coast, a critique group for Christian writers, meets the 2nd Sunday at 2 p.m. at the Central Brevard Library in Cocoa. Visitors are always welcome. Email angelgardnerwrites@gmail.com for info.

10-14 Moonport Modelers RC Club meets at 6:30 p.m., 3rd Monday each month at the N. Brevard Library, 2121 S. Hopkins Ave., Titusville. For more info, call Wayne Mendez, 505-2361.

10- 16-22 Sukkot

10-16 American Legion Post 359 meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 p.m. All Legionnaires and new members are welcome. The Post meets on the 3rd Wednesday of each month. Contact Commander Michelle Aaron at 321-289-2880 for more information.

10-22 Moonlight Quilters Guild meets at the First United Methodist Church, 206 S. Hopkins Ave., Titusville on the 4th Tuesday of each month (no meeting in April or December). Meet and greet refreshments at 6:00 p.m., meeting at 6:15 p.m., usually followed by show and tell or a guest speaker. Email Moonlight.Quilters@yahoo.com for more information.

10-26 Veterans & First Responders Breakfast - Last Saturday of each month, 9:00 a.m. at Saint Patrick's Anglican Church, 4797 Curtis Blvd., Port St. John. This is open to all veterans, spouses of veterans and all first responders.

10-31 HAPPY HALLOWEEN!

Haunted Trail - Merritt Island

Brevard County Parks and Recreation's Central Area Operations in conjunction with the Rotaract Club of Eastern Florida State College is hosting a Haunted Trail at Rotary Park, located at 1899 South Courtenay Parkway, Merritt Island. The event will take place on Fridays and Saturdays, October 18, 19, 25, and 26 from 7:00 p.m. until 10:00 p.m. Tickets for this event are \$10.00 for ages 13 and up and \$5.00 for 12 years and under.

Be Prepared to Be Scared! This event is intended as a fright experience and may not be suitable for all children.

All proceeds will support Brevard County Parks & Recreation and local non-profit charities.

If you have any further questions about this or any other events, please contact Delinda Griffis at 321-633-1874 or by email at Delinda.Griffis@Brevardfl.gov



Congratulations to:

Scooter turns **18** this month - we love you!
Ryan Kremer turns **16** this month.
Danny Huegel turns **30** on the 1st.
Stephanie Puckett turns prettier on the 2nd.
Lisa Troxel keeps turning heads on the 3rd.
Connie Partin turns more lovely on the 3rd.
Adam Niehoff turns **40ish** on the 3rd.
Loni Phipps is the Party Girl on the 5th.
Gary Turner turns wilder on the 5th.
Happy 14th Birthday, Gracie, on the 6th.
Ryan Brackin turns **31** on the 6th!
Jimmy Scott turns **16** on the 10th!
Deanna Anderson turns **39** on the 9th.
Helen Lapardo turns 50"ish" on the 10th!
Karrson Unrue turns **27** on the 10th.
Caelyn Smith will turn **19** on the 12th.
Nicholas Snavely turns **7** on the 12th.
Kensli Davis turns **4** on the 14th.
Nicole Long turns **21** on the 14th.
Kimberly Nicole Kremer turns **17** on the 14th!
Kenny Gow turns cooler on the 15th.
Sophia Kelderhouse turns **27** on the 16th!
Christina Crouse turns hotter on the 16th.
Alex Nero rocks the night on the 17th.
Ryan Kremer turns **37** on the 17th.
Susan Kadlac is the Queen on the 18th.
George Fontaine will rock **76** on the 19th.
Sharon Brown turns more lovely on the 20th.
Tyler Gaddy turns **25** on October ??
Duane Gaddy rules the world on the 20th.
Danny Bowen turns **25** on the 21st.
Kathy Patterson turns more lovely on the 24th.
Michelle Kolczynski parties wild on the 25th.
Lisa Merrell turns **29+** on the 26th.
Lauren Hannon turns **29** on the 27th.
Keith Simpson turns **30** this month.
Bud Simpson turns crazier on the 27th.
Kathy Bradley dances till dawn on the 27th.
Nicole Lessey parties all night on the 28th.
Andy Bradley turns buffer on the 28th.
Austin Harris turns **28** on the 28th.
Rachel Erickson turns **26** on the 29th.
Craig Kremer turns **65** on the 29th.
Aislinn Leonard turns **Awesome 24** on the 30th.
William Scheiner is **42** on the 30th!
Sherri Fogarty is the Queen on the 31st. Again!
Chris & Sherri Fogarty celebrate their **34th** anniversary on the 6th.
Belinda and Don Crouse celebrate with wildness on the 11th.
Tim and Kelly Rowell will celebrate their **35th** anniversary on the 20th.
Bill & Carol Tyler celebrate their **40th** anniversary on the 20th.

We have lots of room for more good news.
Email inputs to happenings1@att.net.

Post 359 - American Legion



10-2 Auxiliary General Membership Meeting - 1st Wednesday of the month, 6 p.m.

10-5 Bike Days at the Tiki - 1st Saturday of the month, 1 - 5 p.m. presented by American Legion Riders. Good food on the grill with Fixin's, \$10. Listen to live music, take part in drawings, 50/50. All proceeds to benefit veterans and veterans' families.

10-14 Sons of the Legion, 6 p.m. on the 2nd Monday of the month at the Post.

10-16 General Membership Meeting- 3rd Wednesday of the month at 6 p.m., 7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), 321-268-1632.

10-20 American Legion Riders General Membership Meeting- 3rd Sunday of the month at 10:30 a.m. Call 2nd Vice Director Janice Anderson, Director, 321-210-6234 or visit our website, alr359.org.

The Post is located at 7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), or call 321-268-1632. If you are a veteran and would like to visit the Post or would like more information about American Legion, contact Commander Michelle Aaron at 321-289-2880 for more information.

Parks & Recreation Meeting

The North Brevard Commission on Parks and Recreation will hold its next monthly meeting on Thursday, October 10th, 2024 at 4:00 p.m.

The meeting will be held in the Brevard Room at 518 South Palm Avenue in Titusville. The public is invited to attend. The Brevard Room is located in a building on the north side of the parking lot behind the Brevard County Government Center-North. For questions, call Jeff Davis at 321-264-5105.



Alcoholics Anonymous

Saint Patrick's Church, Port St. John

4797 Curtis Blvd., Port St. John

East off Grissom Pkwy.

Sunset Group Meeting

(C) Sunday 5:00 Closed topic

Alcoholics Anonymous meets on **Sundays** at 5 p.m.

Women's AA meets on Mondays, Thursdays and Fridays, 10 a.m.

PSJ Community Center Schedule - October, 2024

The center is open Mondays–Thursdays from 10 a.m. to 7 p.m., Fridays from 9 a.m. to 6 p.m.

For latest information about any of these programs or to register, call 321-633-1904.

Mondays

Seniors At Lunch, 10 a.m. - 1 p.m.
Outside Basketball, 10 a.m. - 7 p.m.
Game Room, 10 a.m. - 7 p.m.
Billiards, 10 a.m. - 7 p.m.
Community Cares Aftercare, 2:30 p.m. - 6 p.m.
Zumba, 5:30 p.m.

Tuesdays

Seniors At Lunch, 10 a.m.-1 p.m.
Outside Basketball, 10 a.m. - 7 p.m.
Game Room, 10 a.m. - 7 p.m.
Billiards, 10 a.m. - 7 p.m.
Community Cares Aftercare, 2:30 - 6 p.m.
Dancing Little Stars-Ballet/Tap Combo Classes, (ages 3-6) 5:10 - 5:55 p.m.

Wednesdays

Seniors At Lunch, 10 a.m.-1 p.m.
Outside Basketball, 10 a.m. - 7 p.m.
Game Room, 10 a.m. - 7 p.m.
Billiards, 10 a.m. - 7 p.m.
Community Cares Aftercare, 2:30 - 6 p.m.
9th & 23rd - Culinary Kid's, 4:30 – 6:00 p.m.

Thursdays

Seniors At Lunch, 10 a.m. - 1 p.m.
Billiards, 10 a.m. - 7 p.m.
Outside Basketball, 10 a.m. - 7 p.m.
Game Room, 10 a.m. - 7 p.m.
Community Cares Aftercare, 2:30 - 6 p.m.
Gentle Yoga, 5:30 - 6:30 p.m.

Fridays

Outside Basketball, 9 a.m. - 6 p.m.
Game Room, 9 a.m. - 6 p.m.
Billiards, 9 a.m. - 6 p.m.
Dancing Little Stars, 10 a.m. – 11:30 a.m.
Seniors At Lunch, 10 a.m. - 1 p.m.
Community Cares Aftercare, 1:30 - 6 p.m.
Zumba with Catherine – every Monday at 5:30-6:30 p.m. Run a mile? No Way! Dance for hours? No Problema! Only \$5 per class!

About Kel's Kitchen

Culinary Kids—Every other Wednesday at 4:30-6:00 p.m. A special program for the child who has a keen interest in all things culinary. This program runs every other Wednesday. The focus is on developing foundational skills to carry into your kitchen at home. \$22.00 per child. Adult must accompany child and you must preregister

at www.floridakelskitchen.com

About Dancing Little Stars - Professional Ballet, Tap and Hip-Hop classes for boys and girls, ages 2-7. Classes focus on rhythm, concentration, memory and balance... while having fun! Our full-scale dance recital is held at the end of the dance season in May. Enrollment is open. Tuition is \$60 per month with the recital costume included with tuition. Register online at www.dancinglittlestarsbrevard.com <http://www.dancinglittlestarsbrevard.com>.

About Yoga With Diane -

Gentle Yoga - Thursdays, 5:30 – 6:30 p.m.
Gentle Yoga with Diane - Relax, rejuvenate and enjoy yoga that meets you where you are! Appropriate for beginners, all body types with alternatives offered to accommodate physical conditions. All that is needed is a yoga mat and water bottle. Recommend not eating two hours prior, small fruit snack okay. Price is \$7 per class. Visit www.psjyoga.com for further information.

Amvets Post 2415 Schedule



10-2 Sons of Amvets 2415

General Membership Meeting -1st Wednesday of the month at 6 p.m. Commander Chuck Harrington, 321-208-7897.

10-9 General Membership

Meeting- 2nd Wednesday of the month at 6 p.m.

10-10 Amvets 2415 Ladies Auxiliary General Membership Meeting - 2nd Thursday of the month at 6 p.m. President Theresa Nikki Anderson, 321-208-7897.

10-12 Amvets Riders Chapter 2415 General Membership Meeting - 2nd Saturday of the month at 12 noon. Pres. Steve Carman, 321-446-3394.

10-12 Bike Night! 2:00 - 6:00 p.m. on the 2nd Saturday of the month at the Post.

Meat Shoot - 1st and 3rd Saturdays, 2-4 p.m.

Karaoke every Friday with Bone, 6-10 p.m.

Bingo Sundays 1-?

Post 2415 is located at 688 West Ave., (adjacent to Hwy. US 1), Port St. John. If you are a veteran and would like to visit the Post or would like more information about Amvets, contact Commander Larry Lonneville at 321-208-7897.

Parrish Medical Group Completes Sports Physicals for Athletes in North Brevard Communities

Parrish Medical Group is proud to announce the completion of 319 youth sports physicals as part of its commitment to supporting the health and wellness of young athletes in the North Brevard community. Parrish Medical Group offered two pre-participation sports physical events for the upcoming school year. Physicals were \$10 per student and conducted as part of an ongoing effort to ensure that young athletes are in optimal health before participating in sports activities. In partnership with Who We Play For, a nonprofit organization that exists to eliminate preventable sudden cardiac death in athletes, students could also elect to complete an electrocardiogram (EKG) test. EKG tests record and measure the electrical activity of the heart and can help in identifying many heart conditions including an irregular heartbeat and poor blood flow to the heart muscles, as well as other life-threatening heart abnormalities. “We are thrilled to have completed 319 youth sports physicals and 255 electrocardiogram tests prior to the school year beginning,” notes Kellie Way, MS, LAT, ATC, CSCS, Director of Athletic Training and Health and Wellness at Parrish Healthcare. “Pre-participation sports physicals ensure that our young athletes are ready to safely participate in sports. Additionally, we are honored to support the Jess Parrish Medical Foundation, an organization that



Sports Medicine Dr. Alotta performing a pre-participation sports physical

shares our commitment to giving back to the community and the students we work with on a daily basis.” A total of \$3,190 was donated to the Jess Parrish Medical Foundation as a result of this initiative. Funds raised will directly support the athletic training services provided by Parrish Healthcare and assist in future scholarships for graduating high school students who aspire to enter into the medical field. This collaboration underscores Parrish Healthcare’s dedication to community health and education. For more information about Parrish Healthcare, youth sports physicals or the Jess Parrish Medical Foundation, please visit parrishhealthcare.com.

Monthly Tax Update

The third quarter has come to an end. The month of October has arrived and the due dates for the third quarter for payroll taxes filing the Forms 941 for federal wages and RT-6 for Florida unemployment; next, the most important due date for personal tax returns on October 15th, 2024. The past September 15th was the due date for S-Corporations and Partnerships tax returns. Those tax returns will provide the Form K-1 to be added to your personal tax return. If you own a Partnership or S-Corporation, you will receive a Form K-1 and that form must be added into your personal tax return. The good news is there are no penalties for taxpayers receiving a refund, but you have up to three years to file and receive your refund or you will lose it.

It is important to file your tax return even if you owe money to the IRS. Some taxpayers delay filing their taxes after the due date because they

don’t want the IRS to start collections on the taxes they owe. It is important to remember there are two penalties; one for not filing on time, including extension, by October 15th and the second for not paying your tax liability by April 15th, 2024.

Nowadays, the economy has been hard for many households and people don’t have enough money to pay their taxes on time. It is recommended to file and pay as much as you can by October 15th, 2024. This will avoid getting penalized by 5% of the unpaid balance per month of the amount owed from April 15th to a maximum 25%, but the interest will continue.

If you owe IRS money, the IRS offers a 72 month installment agreement you can apply for and other payment plans if your balance due is less than \$50,000. Also, the IRS may accept your installment agreement if, during the past 5 tax years, you (and your spouse if filing a joint return) have timely filed all income tax returns and paid any taxes due. In the event you owe taxes for multiple years, you can still apply for the installment agreement including all the tax returns with a balance due. You may need professional assistance if your installment agreement isn’t accepted by the IRS. It is important to set up monthly automatic payments for the installment agreement. This will prevent the installment agreement from being cancelled.

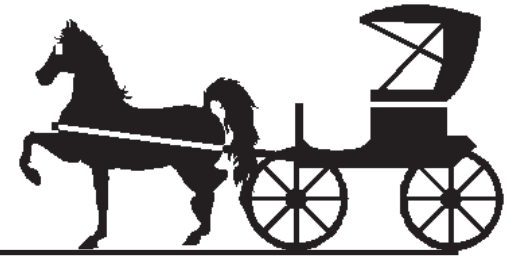
Finally, for married couples, you can file for an injured spouse. An injured spouse is a taxpayer who files a joint return and all or part of a refund is, or is expected to be, applied against debts of the other spouse. The following debts applying for this purpose are: past due federal tax, child or spousal support, federal non-tax debt (such as a student loan), state income tax and state unemployment compensation debts. The injured spouse is accepted if the spouse is not legally obligated to pay the past due amount or made and reported tax payments, such as federal income tax withholding or estimated tax payments. Also, the injured spouse has to have earned income, such as wages, salaries or self-employment income to claim numerous other tax credits.

This is a very brief overview. It is your responsibility to discuss any tax and financial changes with your professional advisor for assistance in evaluating your situation. For details and specific assistance in applying the general information in this article, call us at your earliest convenience or contact your tax advisor. Provided by Pedro L. Baldeon, E.A., 321-632-5726, a member of the National Society of Tax Professionals.



ARNP Andreanna Leggert listens to student's heartbeat during sports physical

SLEEPY HOLLOW



Fruit From The Groves

There is a very important election coming up in November. It will decide who represents us for District One County Commissioner.

Some residents have to decide if they want their dirt roads paved. To vote on this referendum, you must be a registered voter and the property owner. Residents who live on the dirt roads will be given a special ballot at the Polls with the question on it. If you are one of the residents with a dirt road, please make sure that you get the correct ballot with the referendum on it. A YES vote will cost \$1,500.00 a year for 20 years (\$30,000.00) on your tax bill. If you sell your home before the 20 years are up, it will be taken out of your equity.

There have been some questions on the house on the corner of Peppertree and Lee. The owner died and left it in a trust with a church as the beneficiary. At the present time, the church is cleaning up the home and surrounding area. They advised that they are going to keep it as a private residence.

There seems to be a lot of brush left on the sides of the roads. Please call Waste Management at 321-636-6894 to get the brush and other items removed. We are still in hurricane season! Make sure you're prepared.

Anyone using the Brevard County Landfill on Adamson Road in Cocoa must show an ID with proof that you are a county resident. Apparently, there was a problem with people from outside our

county using the landfill because their landfill was charging them. This also may mean that there may be more illegal dumping in the area. So if you see someone dumping, please call the Brevard County Sheriff's Office immediately. Illegal dumping is a crime and can cause pollution.

Brevard County Fire Department Station 29, Guardians of the Groves, have been extremely busy with medical calls, fires and auto accidents. Remember, if you're using a portable generator, keep it away from the house when it's running. Carbon dioxide is deadly.

Brevard County Sheriff's Office has been out here patrolling. You may not see them, but they definitely can see you. Not all vehicles are marked. Be advised to slow it down and stop for the stop signs and school busses.

Be Safe Out There!

- Ed Silva

National Active and Retired Federal Employees Association (NARFE)

NARFE Apollo Chapter 1137 meets monthly on the second Monday of each month at Kay's BBQ Restaurant, 1552 W. King St., Cocoa. You are invited to join us for lunch at 11:30.

The website address is www.NARFE.org/Chapter1137.



The Space Coast State Fair Returns on Halloween, Thursday, October 31 and runs through Sunday, November 17, 2024. Come out for some fun, food and a good time.

Special events will include:

- "The Wolves of The World Show."
- "Squawk The Amazing Bird Show" as seen on "America's Got Talent".
- Enter the Haunted House at dark. If you dare!
- Space Coast Pro Wrestling Slam Down – enjoy exciting pro wrestling November 1,2,3,8,9,10,15,16,17.
- The Benjamin Jackson Hypnotist Show!
- Meet Diana Rose & Join The Beneficial Bugs Ball.
- Professional Bull Riding Shows: Friday, Nov. 15, 8 p.m., Saturday, November 16, 8 p.m., and Sunday, Nov. 17 at 3 p.m.
- Meet "Pete The Cat", the children's fun TV character.
- The Michael Jackson "Thriller" Tribute Show every Friday of the fair: November 1, 8 and 15.

The Fair will be held at Space Coast Daily Park, 5775 Stadium Parkway, Viera. You can purchase tickets, view the list of attractions and special events, get the location and directions, and get contact information at <https://spacecoaststatefair.com/>. Kids under 36" tall & Seniors 65+ are always FREE admission. A Fast Pass option will be available for \$10.

Meet your neighbors and stay informed of Events & Community Happenings!

CANAVERAL GROVES HOMEOWNERS INC.

If you'd like to join and support our Homeowners' group, just cut out and fill out this form and mail with a check for \$15 to cover the current year's membership dues. Mail to: CGHI, P.O. Box 675, Sharpes, FL 32959



Name _____

Address _____

E-mail _____

Phone _____

Won't you join us?

Port St. John/Canaveral Groves Business Directory

Important Phone Numbers

County Commissioner -	321-607-6901
Sheriff: Non-Emergency -	321-633-7162
Fire Station 26 (Port St. John)	321-633-2056
Emergency Operations Center	321-637-6670
Waste Management -	321-636-6894
SCAT Bus Information -	321-633-1878
Port St. John Library	321-633-1867
PSJ Community Center -	321-633-1904
Florida Power & Light -	321-723-7795
City of Cocoa Water Dept. -	321-433-8400
Parrish Medical Center	
Port St. John -	321-636-9393
Titusville -	321-268-6111
Atlantis Elementary School -	321-633-6143
Challenger 7 Elementary -	321-636-5801
Enterprise Elementary School	321-633-3434
Fairglen Elementary School -	321-631-1993
Space Coast Jr/Sr High School -	321-638-0750



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ACCOUNTING • TAXES • NOTARY

Happy Halloween!!!

**Brevard County Libraries
Introduces New Mobile App**

Getting content and information from the Brevard County Public Libraries is even easier with the launch of a new mobile app, BCL Go.

Brevard County Public Libraries has launched the BCL Go in the App Store and Google Play Store. The new BCL Go app puts the power of the library in your hands. Library patrons just need their library card number and last name to use the app for self-checkout, place holds, stay up to date on library events, receive account notifications and more.

Now you can:

- Borrow your items directly with self-checkout
- Place item holds on the go
- Search for items with text or barcode
- Receive account and due date notifications
- Find your closest Brevard County Library
- Find events and programs at your library
- Access digital content while you're on the go, including books, databases, and learning resources like LinkedIn Learning

If you'd like to learn more about the BCL Go app, check out our video at www.youtube.com/watch?v=QI4v_OypYVY or visit the Brevard County Public Libraries website at www.brevardfl.gov/PublicLibraries.

HALLOWEEN
Fall Festival
@ THE BARN



Entry \$20/Car

OCTOBER 26TH 4-7PM
FOOD / CRAFTS / DJ / MOVIE

- Face Painting \$\$
- Pumpkin Painting \$\$
- Barn Treating (bring your bucket)
- Raffle (50/50) \$\$
- Halloween Bingo
- Obstacle Course
- Pony Rides \$\$
- Dress the Minis
- Kissing Booth (Donation)
- Movie in the Arena @ 7pm
- Photo Opportunities

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www.hartforhorses.com

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Barbershop**
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**Stop by and visit.
I miss my old friends!**

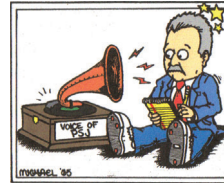


5065 Mayflower St., Port St. John



5 BR/3 Bath \$450,000

A screened in-ground pool with a Barracuda cleaner and new deck is ready for Florida heat. It's also solar heated for winter. All new dual pane glass windows. Enjoy the quartz countertop in the kitchen lined with stainless appliances including a built-in microwave. Enjoy the Florida room, eat-in kitchen, tile floors, a beamed cathedral ceiling, a solar tube, privacy fencing, bay window, pantry, a garage with insulated doors, a deep sink and a 10,000 btu air conditioner, well and pump, shed has electricity.



Randy Rodriguez
Realtor

Cell: 321-863-7499
Office: 321-799-0221



COLDWELL BANKER
REALTY

1646 Fife Ct., Titusville 4 BR/2 Bath \$350,000



Come see this beautiful remodeled home full of desirable features: Quartz countertops, new wood floors plus tile and carpet in bedrooms in '21, eat-in kitchen with breakfast bar, solar system, screened porch, privacy fencing, deep well and sprinkler system, and roll-up hurricane shutters. AC & hot water heater new in 2023.



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BATTLING THE MYTHS OF *Mammography*

It's expensive, it can be painful, and a few other misconceptions we wish to explore.



During the month of October, Parrish Healthcare offers low-cost mammograms to women who are self-pay or non-insured.

Myth 1: Insurance won't cover it, or I won't be able to afford the co-pay/deductible.

"Mammography is usually covered under most health plans, including Medicare, once a woman reaches an age determined by the insurer," says Shannon Luker, RN, BSN, Parrish Healthcare Oncology Navigator.

If you have Medicare and are age 65 or older, Medicare pays for most of the cost of a screening mammogram every 12 months. Parrish Healthcare offers low cost options for non-insured women during the month of October.

Myth 2: The test is too painful.

Yes, the test can be a bit uncomfortable, but most women don't consider it painful.

Compression helps hold the breast still, evens out the breast tissue and allows lower doses of X-ray to be used. If you feel pain, speak up. The technologist may be able to lower the compression and relieve some of the pressure on your breast. And remember that any discomfort is brief; the actual X-ray takes less than a minute.

Myth 3: I just don't have time.

From start to finish, the three-dimensional (3D) mammogram offered at Parrish Healthcare takes 30 to 45 minutes.

State of the art technology, such as this, makes it easier for providers to diagnose certain types of breast abnormalities, especially in women with dense breasts. The result? Early detection and better outcomes reduce the number of deaths from breast cancer for women ages 40 to 69, especially those older than 50.

Myth 4: Breast cancer only affects older women.

Breast cancer can occur at any age. Additional factors that may raise your risk include obesity, heavy alcohol consumption and a sedentary lifestyle.

For questions, additional information or to schedule a mammogram, please call 321-268-6111 ext 6150



parrishhealthcare.com



Healing Families—Healing Communities®